



# CANOE SLETTER

Newsletter of the Barrie Canoe Club  
February / March 2004

## In This Issue

Temagami gets highlighted with three reports from the BCC's summer trip to the Lady Evelyn Lake area. If you enjoy the winter, it's still not too late to get involved with a winter trip or two, so check the trip listings. On Page 4, we have a not so long lost voice from the Lakehead.

### Temagami Canoe Trip

Aug. 12 to 20

Five other people, my son Jeff, Darcy Chapin, Rochelle Andruchow, Linda Irving, and Dwight Robinson, did the trip with me. There was a big variance in experience between the men and women. All three men are either club or scout leaders and all have done at least one 7 to 10 day canoe trip. The two women, on the other hand, had never been out more than two nights on a trip. This inexperience did not show on the trip. Both Linda and Rochelle looked and acted like seasoned veterans.

Weather can make or break any trip. On this trip we couldn't have scripted any better weather. There was lots of sunshine, warm (sometimes hot) temperatures, no rain between sunrise and sunset and the wind was either calm or behind us 95% of the time. There was only one day when the wind was really blowing - the day we wanted to paddle up Lady Evelyn Lake. The wind was directly behind us so we put the three canoes together and used a tarp as a sail. For the next 12 km. only one paddle had to be put in the water.

There were four stated objectives for this trip. All of these were met. The first and second objective was to climb Maple Mountain and pick lots of blueberries. It was a bit hazy the morning we hiked the trail to the top. We weren't disappointed. The view, enhanced by climbing up the fire tower, was breathtaking. And the blueberries - WOW! Acres of them. We took containers and filled them so we had blueberries for the next four days.

Our third objective was to stop at the old logging site on Diamond Lake. What a sight! You have to see it to believe it. In the old days they used horses and sleighs to bring the logs to a

collection point. There the logs were piled up ready to be rolled into a river or lake when the ice broke up. We saw over 100 sets of runners for sleighs and two large stacks of logs ready to be released into the lake. These were all left there, for whatever reason, many years ago. My apologies to Marilyn Clark and Jean Cornett. We were there last year and did not see this. The younger fellows kept wandering and following trails until they saw something and so this year I was able to see this awesome sight.

The last objective was to hike the trail through the old growth red pine forest on the NE corner of Obabika Lake. Jeff led this part so I could pick two canoes that are left at one end of a small lake. These were paddled to a small campsite near the end of the trail. This allowed us to paddle over and visit Spirit Rock.

There was one other objective I had in mind if time and conditions allowed. Jeff and I kept talking about these two waterfalls and the water slide beside one of them. On day four the sun was warm and there was hardly any wind. At the critical time we stopped and took a vote. It was unanimous. We took a side trip to Frank falls, portaged into the North Channel of the Lady Evelyn River and paddled to the beginning of the portage around Center falls. We left the canoes and hiked to the falls carrying only our lunch and towels. The water level was very high for this time of the year so both falls had a lot of water going over them. The same applied to the water slide. I had never seen so much water rushing down the chutes. Jeff tested it first and gave us the information needed (PFD'S and shoes a must) for a safe ride down the slide. Darcy was next, then Dwight and me. What a ride! There are two corners you have to go around. Fortunately, the rocks are well rounded and smooth. At the end you are dropped into a frothy pool and then pushed out into the river where the current took you to the take-out. After watching us a few times, Linda decided that she would try. There was a look of sheer terror on her face as she went around the first corner. But she had a big smile on her face as she walked back and then did it again.

This was my eighth trip in the Temagami region and one of the best. We were early risers (loons and squirrels are better than alarm clocks). The latest we were on the water was 9:10. On the last morning, with thunder in the distance and rain on three sides of us we were paddling at 8:10. We watched the stars come out on a couple of evenings, but to see the Milky Way and Mars you had to get up at night when it was really

dark. We had three evening of playing Pepper (a card game based on Euchre). And of course, swimming - three or four times on some days. Thanks to the other participants for making this a great trip. I hope it was a rewarding for you.

Ed Irwin

### **Taking the Plunge – Temagami Canoe Trip**

I used to be a 1-3 day canoe tripper, content with just getting my feet wet. Then my fiancé, and fellow BCC member, Darcy Chapin convinced me it was time to take on a bigger challenge. Ten days in Temagami sounded like just the experience I was looking for.

On August 12, our group of 6 launched from Mowitt's Landing. After a small portage we paddled down the Lady Evelyn River to our first campsite. The next week and a half took us through a mixture of large lakes and small channels. One small channel, the Wakimika River, was particularly interesting. The Wakimika River wound like a snake, and for an hour or two it seemed like we were paddling through the jungle. We had to steer our way through tight corners while watching out for overhanging branches.

Aside from the canoeing, we also spent a day hiking Maple Mountain. This was one of the highlights of the trip for me. After about an hour and a half of climbing we were rewarded with an amazing view and an endless supply of wild blueberries! We brought these back to camp and were able to have blueberry pancakes for breakfast.

The weather was absolutely amazing. We had rain for only one night and the wind was blowing in our favour for the majority of the trip. In fact, on our return trip north across Lady Evelyn Lake, we were able to create a sail out of a tarp. We sailed the canoes for most of the afternoon.

Overall this was a great experience for me. Ed was a fantastic trip leader, full of knowledge about the area that made the trip very memorable. Everyone was so positive and encouraging it was like I'd done it a million times before.

Rochelle Andruchow

### **What a trip!**

I have to agree with Rochelle, this was an excellent trip. Ed (a former Venturer leader of mine) is a very experienced outdoorsman. We all benefited from his planning experience, and his food dehydrator!



A highlight of the trip for me was our decision to paddle a few extra kilometres to the natural waterslides in the North Channel. A few of us jumped into the river and were rushed over small drops and around tight corners. The only downside was that we had to pick off a few small leaches.

Although our weather was perfect, I know first hand that Temagami can be much more difficult. The numerous large lakes can become impassable if the winds are strong. I was very happy that the weather was so great. The newer paddlers in our group, and the rest of us, really got to experience Temagami at its best.

Darcy Chapin

### **Temagami**

Temagami is an area that is rich in history, controversy and it is a 9-day canoe trip. This to date, it has been my best BCC experience, because as you will see I have never done a long interior trip before. I would like to thank Ken Szijarto who let me borrow equipment to make the trip better. I have now done a 9-day canoe trip, paddled 180 km and aside from careful planning there is no other secret. It was not hard and the rewards were rich.

When people think of Temagami they see rocks, trees, lakes and rivers. But it is so much more:

- It is challenging you.
- It is the individual.
- It is the group.
- It is a sense of accomplishment.
- it is trust in your own abilities.
- It is learning about dehydrated food and camping cuisine.
- It's about trying Ed's fresh brewed Labrador Tea.
- It's climbing the fire tower at Maple Mountain, remember just don't look down!
- It's the vast quantities of wild blueberries and going down the waterslide at Centre Falls.
- It is the jumping rock and carrying the canoes over Mountain Goat Portage.
- It is canoeing through the meandering Wakimika River.
- It is the Irwin family card game of Pepper and all of the daily swims.
- It is experiencing the remnants of craziness and passion over the Red Squirrel Road and later paddling by the bridge reading the graffiti "Place a rock and save a tree". The bridge was destroyed by dynamite during the logging protests.
- It's investigating a dilapidated logging camp stopped in production for reason unknown as nature is slowly in the process of reclaiming its own.
- It is as simple as watching fog lift off the lake in the morning.
- It is a sandy beach and a pine tree's will to survive on the side of a rock.
- It's capturing the wind to sail up daunting Lady Evelyn Lake.

- It's your voice echoing from Spirit Rock.
- It is discovering Blackout 2003 on a portage trail some 4 days after the event.
- It is being with new people and old friends.
- It is life.
- It is Temagami.

A very special thank you goes to Ed, the tour guide and alias trip leader. Also the adventurous adventurers: Jeff, Darcy, Dwight and finally to Rochelle who brought not only enthusiasm but excellent weather as well! Thanks for the memories!

Linda Irving

## FLATWATER INSTRUCTORS COURSE

### PREREQUISITES:

1. At least 16 years of age at the time of the Flatwater Instructor course.
2. A current ORCA member. (Membership is include in the course fee)
3. ORCA Flatwater Level (Basic, A, B, C, D), equivalent certification or comparable skills and experience (with the permission of the Course Director and Instructor).
4. It is strongly recommended that all Flatwater Instructors have, in addition to their canoeing qualifications, some qualifications in Swimming, First Aid and CPR.

**Date:** Two consecutive weekends: May 7,2004 from 19h00-21h00 (7PM to 9PM) and May 8 and 9 from 08h00-17h00 (8AM to 5PM) & May 14, 2004 from 19h00-21h00 (7PM to 9PM) and May 15 and 16 from 08h00-17h00 (8AM to 5PM)

**Cost:** Members - \$210.00 Non-Members: \$285.00

Accommodations can be arranged for anyone out of town, at the Georgian College Residence \$60.00/Single or \$70.00/Double (plus taxes). Includes Continental Breakfast (Each unit has two bedrooms and a common area with kitchenette) so if a double were booked each person would still have their own bedroom, but, share a bathroom. Lunches can be arranged for those who wish it.

**Instructor:** Jim Wood from Bracebridge

**Location:** Barrie Canoe Club, Southshore Community Centre, Barrie

**Equipment:** Barrie Canoe Club will supply all equipment required, although anyone may use their own PFD and paddle if they wish.

**Contact:** Applications can be obtained on the Web site or contact the Course Director Charlotte Piprell, Phone: 739-8407

**\*\*\* Applications must be paid and confirmed at least two weeks in advance in order to be able to ensure the availability of the required number of instructors. \*\*\***

# Frik



WWW.FRIKOUTDOORS.COM

## HUNKERIN' DOWN IN THUNDER BAY

From: Suecanoe

First and foremost, thanks to the many friends and associates who gave me such an amazing send-off in October. What a party (Celine and Helen)! What a campfire (Fred)! What a meeting! What a gorgeous Georgian Bay picture! What a lovely rose! But most of all, what wonderful memories of the camaraderie and friendship all along and that remained like a big hug to see me on my way . . . on my way to this new adventure and new life.

We are adjusting and settling in very well, in spite of the frigid weather. The bonus up in this country is the amount of blue sky and sunshine we get. It is quite phenomenal! I say that like I'm just discovering it for the first time in my life, even though I was born and raised in Sioux Lookout, a remote community about four hours northwest of here (eh Suzanne). I have visited that hometown a couple of times already . . . I still can't get used to its being just a stone's throw away! Another outing I'm looking forward to is the hour-and-a-half drive 'down the road' along that most Superior of lakes to have lunch at the Serendipity in Rossport with some friends from Terrace Bay. Anyone care to join us???

My canoe is going to get a new skin on her at a shop in Atikokan (about two-and-a-half hours away). We will christen the face-lift with a tour through some of the Quetico lakes. Maybe I'll even get back to White Otter Castle one day. The summer definitely includes some fishing and paddling on Loggers' Lake, a little gem of a lake off the English River where my family has a 'camp'.

In the spring, Lorne (my cook!!) and I are taking about six weeks and driving out to the West Coast which is actually two days closer, starting out here in Thunder Bay! In spite of that, we still have a good day's drive before we get out of Ontario!

I'll be in and out and around about Barrie quite a bit . . . can't stay away from my grand-girls too long. You just never know when we'll cross paths again . . . very soon, I hope.

So, please keep in touch, stay warm and take good care of one another!

Sue Ans . . . hunkerin' down in Thunder Bay!

[suecanoe@shaw.ca](mailto:suecanoe@shaw.ca) 807-622-1061

PS: How's the liquorice holding out . . . Peter???



Take everything as it comes; the wave passes, deal with the next one  
*Tom Thomson, 1877-1917*



# BCC Quiz

Who are these people and why are they smiling?



Stumped? Check Page 7.

## Upcoming Events

**Sojourn Slide Presentations** at the Southshore Community Centre, Barrie Ontario at 19h30 (7:30PM)

- ❖ Wednesday, 11 February - - Canoeing Down the Mackenzie Mountains: Roger Parsons
- ❖ Wednesday, 3 March - Wilderness Canoeing in Norway: Rolf & Deb Kraiker
- ❖ Wednesday, 7 April - - Still Paddling: Kevin Callan

**Outdoor Adventure Sports Show**

- ❖ February 20-22 2004 - Toronto International Centre, 6900 Airport Road.

**Waterwalker Film Festival**

- ❖ Thunder Bay - 7 March 2004
- ❖ Hamilton - 19 March 2004
- ❖ Kingston - 29 April 2004

**Barrie Canoe Club Monthly Meetings** at the Southshore Community Centre, Barrie Ontario

- ❖ Monday, February 9 – Laurel Archer, Outdoor instructor from Saskatchewan, BC, Alberta, and the Yukon
- ❖ Monday, March 8 - Levi Waldron - A Young Man's First Arctic Trip
- ❖ Monday, April 19 - (Note: 3rd Monday due to Easter) - George Drought & Mike Dale - The Petawawa River and Memories of the Dumoine River, Petawawa and Spanish Rivers
- ❖ Monday, May 10 - Roger Parsons -The Keele River
- ❖ Monday Night Paddles Begin – Every Monday night from June – September at the Southshore
- ❖ Monday, September 13 - Corn Roast
- ❖ Monday, October 18 - (Note: 3rd Monday due to Thanksgiving) - Ron Benwell
- ❖ Monday, November 8 (Annual General Meeting)
- ❖ Monday, December 13 - (Christmas Meeting)

# Winter Trip Schedule



You must be a current member to participate in Club activities. Please provide the trip leader with your membership number, and a signed Medical Emergency form before the activity begins.



Date	Destination	Activity	Required Skills	Leader	Extra Details
Feb 7	Beeton	Family X-C Ski, Skate, or Snowshoe		Ross Rutley 905-729-3664 rrutley@csolve.net	
Feb 8	TBA	Backcountry X-C Ski	Intermediate	Fred Schwarz 705-728-3540 freddiecanoe@sympatico.ca	10-15 km on ungroomed trails
Feb 14&15	Haliburton	B&B Wknd. X-C Ski		Abby Gomez 905-778-0330 michma@interlog.com	
Feb 21&22	McCrae Lake	Snowshoe & Tent Camp	Beginner	Mike Dale 905-775-7384 mdale1@sympatico.ca	
Feb 28&29	Algonquin	Car Camping Hike & Snowshoe		Abby Gomez 905-778-0330 michma@interlog.com	
Feb 28	Three Stages Collingwood	Snowshoe	Moderate challenge	Hanne Nielsen 705-721-9819 hanne.nielson@sympatico.ca	Lots of little hills. Bring drinks. Ski or hiking poles optional
Mar 7	Kalapore – Collingwood	X-C Ski	Intermediate	Fred Schwarz 705-728-3540 freddiecanoe@sympatico.ca	
Mar 13	Parry Sound	X-C Ski Track set	Beginner +	John Rankin 705-728-4154 jrankin@bconnex.net	5-30 km. near Hwy. 124
Mar 20	Three Stages Collingwood	Snowshoe	Moderate challenge	Hanne Nielsen 705-721-9819 hanne.nielson@sympatico.ca	Lots of little hills. Bring drinks. Ski or hiking poles optional

## Hiking on The Bruce Trail

If you are interested in joining a fellow B.C.C. member who is also a Bruce Trail hike leader for day hikes or snowshoeing along The Bruce Trail please contact Rick McCoy at [rickpmccoy@sympatico.ca](mailto:rickpmccoy@sympatico.ca) or (519) 829-4143. Most hikes are approximately 20 km's at a moderate pace. You may carry your canoe to stay in shape for portaging next year if you wish.

## A Reminder

Spring/Summer/ Fall Trip and Course Planning Meeting February 16th, 19h00 (7PM) at Ann Berman's house in Newton Robinson. Directions will be available at the February meeting. Marilyn will also present the new Risk Management document.

## Winter Camping Tips

1. Drink non-diuretic beverages such as lemon-chamomile or apple grog to obviate the need for a whiz in the middle of the night
2. Trailing a coloured line may assist with runaway sleds on knolls.
3. Thermoses are worth their weight for quick, hot, refreshing breaks.
4. A homemade seat with attached back appreciates in value each day of the trip.
5. Resist the urge to sleep next to the wall just so you can piss under the sod cloth.
6. A noon lunch fire makes a great change of pace, and toasted sandwiches are a lift.
7. A plastic bag sliced open makes hanging over a snowy log more pleasant.
8. Green rubber boots with liners are strangely flexible and warm.
9. Do not try to fit a bedpan into a mummy bag.
10. Buy a pair of those Ice picks to hang around your neck and pull yourself out should you break through the ice.
11. Be sure to get your recommended daily allowance of Theobromine (the chemical in chocolate that kills dogs cats).
12. Forget wannigans for canoe trips if you wish, but never go winter camping without one.
13. Avoid letting your private parts come into contact with a -20 C axe head, since it's awkward arranging torso and axe into a satisfactory configuration over the stove to enable justice to be done and freedom to be restored.
14. Never leave your stove with a burning fire inside it unattended. Weird things happen. Trust me.
15. Never go exploring without each person having the means to start a fire. A hatchet / axe is heavy in a day pack, but it somehow takes a load of your mind
16. Load spares of axes and saws on separate sleds as you head out on the river.
17. Collect a set of scrunchable clothes (parkas, shoe rubbers etc).
18. Eating snow will not re-hydrate you.
19. Each trip you go on requires progressively less equipment and clothing, (Pohl's Law of the inevitable)
20. Eat fat, carbs, salt, and prunes. Drink fluids often, and take B vitamins.
21. If Thermarests can puncture, they will. Take a patch Kit or use blue foamies.
22. Two pairs of mitts: one light Thinsulate, fleece, or wool for walking - - - one heavy leather with liner for working
23. Snow goggles for March, April to up north.
24. Sheath Knife, whistle & compass should be carried around your neck for easy accessibility.
25. Visit your Value Village. Army Surplus, or TSC for most things you'll need. Only buy new stuff as a last resort.

## **BCC Quiz Answers**

Top row - left to right: Roger Parsons, Karen Simpson, Susan Clarke, Peggy Peters, David Rogers, Ed Irwin, Mary Cavanagh, & Joyce Thompson

Bottom row - left to right: Fred Schwarz, Ken Szijarto, Julia Lawr, Dave Beckett, Hanna Schwarz & Howard Williams

Missing - John Cross

These people are smiling because they were on the Opeongo Lake Kayak Trip in Algonquin Park Sept 26 - 29 2003.



## 2004 Barrie Canoe Club Executive

President	Fred Schwarz	freddiecanoe@sympatico.ca	705-728-3540
Past President	Celine Audette	Celine_paddler@rogers.com	705-726-9450
Vice President	Dwight Hanson	dwright.hanson@hydro.one.com	905-836-8210
Treasurer	Ed Irwin	ed_irwin@hotmail.com	705-726-4615
Secretary	Tracy McLaughlin	zoro@infinity.net	705-722-8739
Membership Director	Nicole Gaboury	2canoeheads@sympatico.ca	705-725-0922
Course Director	Charlotte Piprell	e-mail challenged	705-739-8407
Trip Director	Ann Berman	annberman@sympatico.ca	705-458-9920
Equipment Director	Dave Beckett	davkayak14@aol.com	705-435-0072
Lakewater Director	Abby Gomez	michma@interlog.com	905-778-0330
Canoe Director	Mike Dale	mdale1@sympatico.ca	905-775-7348
Kayak Director	Duane Craig	helen.gollan@cibc.ca	705-726-4236
Voyageur Director	Mary Louise Kozak	mary-louise.kozak@cbs.gov.on.ca	905-338-6885
Marathon Director			
Sprint Racing Director	Drew Millar	crpstudio@on.aibn.com	705-722-6079
Sea Kayak Director	Mary Cavanagh	mary.cavanagh@sympatico.ca	705-725-6252
Program Director	Bill Caswell	du12paddle@bmts.com	519-934-2013
Resource Director	Carl Thomas	ce.thomas@sympatico.ca	705-726-7319
Publicity Director	Patricia McGrail	pemc@stones.com	705-735-4155
Newsletter Director	David Hyndman	dbhynd@sympatico.ca	705-792-1506
Website Committee	Marilyn Clark	mclark@csolve.net	705-329-2845

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Angie's Outdoor, Barrie

Camper's Place, Newmarket

Northern Lights, Barrie

Ray Kettlewell Paddles

Lolk Paddles

Sojourn (now uses a "Rewards Program" to provide discounts to loyal customers)

Sport Chek

Sturgeon River Canoe Co.

Swift Canoe & Kayak

